

AUGUST

Monthly Meals-to-Go available in our Grab-n-Go cooler:

- **REGULAR** items available Tuesdays - Saturdays: Quiche, Frittata, Salad (or Soup in cooler months), Sandwiches, Homemade Yogurt, plus Café Breads, Granola, and Nuts on the shelf next to the cooler.
- **SPECIALS** (listed below) available Wednesdays – Saturdays.
- Available in individual servings or family-style (feeds 2 to 4 people).

August 4 - 7

Roasted split chicken breast with lemony orzo salad.

August 11 - 14

Herbed pork tenderloin with parsley and cilantro sauce, and wild rice salad.

August 18 – 21

Sesame noodles: vegetarian or with chicken.

August 25 – 28

Taco bowl: servings of carnitas, black beans, tomato salad, and rice.